STACEY BEVILL, BCC, ACC, NCC, MPM®

980 S Liberty St, Spartanburg, SC 29306 864-414-3598

stacey@askandreceivecoaching.com | https://askandreceivecoaching.com

EDUCATION

"The mind, once enlightened, cannot again become dark." — Thomas Paine

Lander University BS Sociology, Minor in Psychology, 1995 3.7 on 4.0 scale, Discipline Award, Dean's List

- Newfield Network Executive Coach Training School, 2017
- Tarkenton Certification in Entrepreneurship, Master's Level Certification, The University of Georgia, Terry College of Business 2016
- Marketing Strategies for Business Leaders, Master's Level Certification, eCornell 2014
- Certificate in Entrepreneurship, Arthur M. Spiro Institute for Entrepreneurial Leadership, Clemson University, 2011

EMPLOYMENT

"Choose a job you love, and you will never have to work a day in your life." — Confucius

Owner, Ask & Receive Coaching (a division of Ask and Receive, Inc.)

6/2017 to Present

• Provide coaching, consultation, workshops, and presentations for companies and individuals. https://askandreceivecoaching.com

Owner, Ask & Receive, Inc.

10/1999 to Present

- Provide a variety of computer and business services to individuals and small businesses, including web design/development, SEO, social media marketing, ghostwriting, editing, database and spreadsheet development, training, and more. https://askandreceive.net
- Contracted to develop a previously non-existent Computer Technology course required for high school students at the South Carolina Governor's School for the Arts and Humanities. The session began with an introduction to computers, including hardware, repair, and maintenance. The class also included Microsoft Office concepts to prepare students for the MOUS exam (Microsoft Office User Specialist). The final part of the course consisted of independent projects. Students could select from a variety of software programs and languages, including but not limited to, Macromedia Flash, Dreamweaver, Fireworks, Poser, Swish, Visual Basic, HTML, and Java Scripting.
- Contracted to teach the following classes for ITT Technical College in Greenville: Flash and Scripting and Web Design 2005-2006
- Contracted to teach the following courses for New Horizons Computer Training in Greenville: Photoshop, Quark, Access, Excel, Outlook, and more 2004 Into to PHP - 2007
- Computer Technology Instructor for the South Carolina Governor's School for the Arts and Humanities. Developed a database for the Admission's office and a database to create residential student schedules. 2000-2003
- Contracted to teach Computer Technology at Christ Church Episcopal School 1999-2000

CERTIFICATIONS

"The best part of learning is sharing what you know." — Vaughn K. Lauer

- BCC, Board Certified Coach, Center for Credential & Education (CCE) 12/2019-12/2024
- HeartMath® Certified Trainer, 06/2019
- Certified Trauma Professional, IATP, International Association of Trauma Professionals, 05/2019
- HeartMath Certified Stress & Well-Being Assessment Provider, 05/2019
- Lean Six Sigma Greenbelt, 80 hours and exam, Greenville Technical College 04/2019
- HeartMath Certified Coach, 03/2019
- ACC, International Coach Federation 04/13/2018-12/31/2021
- Conversational Intelligence Enhanced Practitioner, trained by Judith Glaser, 12/2018
- Inspired Leadership Specialization Certification, Case Western Reserve University, 08/2018
- Coaching Skills for Managers Certification, University of California, Davis, 05/2018
- MPM®, Master Project Management Certification 03/2018
- Certified Laughter Yoga Leader, 11/2017
- NNC, Newfield Network Certified Coach, ICF Accredited Coach Training Program (ACTP), 01/2018

SPECIAL TRAINING

"Intellectual growth should commence at birth and cease only at death." — Albert Einstein

- FEBI (Focus Energy Balance Indicator) Assessment Provider to be completed: 10/2020
- Body=Brain, Instruction in Neurobiology, Reimmersion 2020
- Positive Intelligence, https://www.positiveintelligence.com/, 08/2020
- Accessing the Deep Brain with Brainspotting, 04/2020
- Helping Clients Unlearn Their Pain: The New Neuroscience of Pain, 04/2020
- Calming the Anxious Brain, 04/2020
- Brain Switch: Apply Polyvagal and Memory Reconsolidation Theories with Parts Work, Somatic, and Mindful Approaches, 04/2020
- Brain Care: Applying the Neuroscience of Well-Being, 03/2020
- Compassion Fatigue: Purpose, Passion, and Power, 07/2019
- Certified Clinical Trauma Professional (CCTP) Intensive Training 04/2019
- Lean Six Sigma Green Belt for Manufacturing and Service Certification of Training, 4/2019
- IATF 16949: 2016 Understanding Standard and Auditing, Greenville Tech, 11/2018
- ISO 9001:2015 Standard & Internal/Supplier Auditor, Greenville Tech, 10/2018
- Be a Leader, Develop a Leader, Capstone Project, Case Western Reserve University, 08/2018
- Coaching Conversations, University of California, Davis, 05/2018
- Coaching Practices, University of California, Davis, 05/2018
- Setting Expectations & Assessing Performance Issues, University of California, Davis, 05/2018
- Managing as a Coach, University of California, Davis, 04/2018
- Leading Positive Change through Appreciative Inquiry, Case Western Reserve University, 04/2018
- Women in Leadership: Inspiring Positive Change, Case Western Reserve University, 04/2018
- Conversations That Inspire: Coaching Learning, Leadership and Change, Case Western Reserve University, 03/2018
- Inspiring Leadership through Emotional Intelligence, Case Western Reserve University, 01/2018
- Psychology of Popularity, The University of NC at Chapel Hill, 11/2017
- Body=Brain, Instruction in Neurobiology, 2017
- Mental Health First Aid Training, SC Thrive, 06/2017
- PMP Exam Prep, Various 2016-2017
- Women's Campaign School at Yale, New Haven, CT, 7/2009

ACHIEVEMENTS AND AWARDS

"Look at a day when you are supremely satisfied at the end. It's not a day when you lounge around doing nothing; it's a day you've had everything to do and you've done it." — Margaret Thatcher

- Spartanburg County Foundation Grass Roots Leadership Development Institute 2016
- Spartanburg Citizen's Police and Fire Academy 2016
- Leadership Spartanburg Class of 2014
- Leadership South Carolina Class of 2010
- GIAFPW 2008 Member of the Year
- Women's Campaign School at Yale, New Haven, CT, 2009
- Furman Connections: Women Leaders of The Upstate, Graduate 2008
- Service Above Self, Rotary District 7750, 2005-2006

MEMBERSHIPS

"In most vital organizations, there is a common bond of interdependence, mutual interest, interlocking contributions, and simple joy." — Max DePree

- International Coach Federation
- Grass Roots Leadership Development Institute Alumni Association
- Lander Alumni Association
- Leadership Spartanburg Alumni Association
- Past:

Project Management Institute

Spartanburg Artists Guild

Women's Leadership Council, Greenwood Chamber

Greenville International Alliance for Professional Women, Founding Board Member

VOLUNTEERING

"If you are not a part of the solution, you are a part of the problem." — Eldridge Cleaver

- 2019-Present Contributing Author for https://livingupstatesc.com/
- 2018-Present One to One: Women Coaching Women, Coach Lead and Coach
- 2019-2020 Newfield Network Alumni Committee
- 2019-Present Northside Start:ME Mentor Microenterprise Training Program Support
- 2020 CoachAid20.com Coach for global initiative
- 2017-2019 Northside Start:ME Mentor Microenterprise Training Mentor
- 2018-2019 Certified Laughter Yoga Leader
- 2016-2018 CC Woodson Recreation Center, Computer Lab Tutor
- 2016-2018 Spartanburg Adult Learning Center, Tutor
- 2012-2017 Spartanburg Humane Society
- 2011-2017 Alliance of Therapy Dogs, Inc.
- 2016-2017 Georgia Adopt-A-Stream
- 2005-2012 ECPI Advisory Board
- 2010-2012 Greenville Road Warriors (Greenville Swamp Rabbits) Booster Club Board Member at Large and Secretary
- 2008-2011 Furman Connections: Women Leaders of The Upstate, Advisory Board
- 2005-2010 Greenville International Alliance for Professional Women (GIAFPW) Co-Founder and Board Member